



# *Meditation Sisters*

## **Client Intake**

### **Massage and Bodywork**

First and Last Name: \_\_\_\_\_

Email: \_\_\_\_\_@\_\_\_\_\_.\_\_\_\_\_

Phone: \_\_\_\_\_

Name and Phone number of emergency contact: \_\_\_\_\_

\_\_\_\_\_

Home address: \_\_\_\_\_

\_\_\_\_\_

Employer and Job Title: \_\_\_\_\_

Referred By: \_\_\_\_\_

How would you rate your general health?

- Excellent
- Good
- Fair
- Poor

Have you had a professional massage before?

- Yes (Date of last treatment) \_\_\_\_\_
- No

List current medications & the conditions they are treating

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List any major accidents or surgeries (including dates)

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Please tell us about any allergies or hypersensitivities

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Reason for initial visit

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Additional information you wish to tell us to help you fully benefit from today's session?

**HEAD NECK**

- Headaches / migraines
- Ringing in ears
- Vision problems
- Vertigo / dizziness
- Hearing loss
- Vision loss

**RESPIRATORY**

- Asthma
- Chronic cough
- Emphysema
- Frequent colds
- Family history of respiratory difficulties
- Shortness of breath
- Bronchitis
- Sinusitis
- Smoker

**NERVOUS SYSTEM**

- Sensory loss / change
- Sciatica
- Seizures
- Numbness / tingling
- Epilepsy
- Multiple sclerosis

**MUSCULOSKELETAL SYSTEM**

- Arthritis
- Osteoporosis
- Bursitis
- Pins / plates / wires / artificial joint
- Family history of arthritis
- Tendonitis
- Jaw pain (TMJ)

**REPRODUCTIVE**

- Pregnant
- Gynecological problems
- Given birth

**CARDIOVASCULAR**

- High blood pressure
- Heart attack
- Heart disease
- Phlebitis / varicose veins
- Hemophilia
- Chronic congestive heart failure
- Family history of cardiovascular problems
- Low blood pressure
- Stroke
- Poor circulation
- Pacemaker

**SKIN & INFECTIONS**

- Hepatitis
- Herpes
- Lyme disease
- HIV / AIDS
- Tuberculosis
- Infectious skin conditions

**OTHER CONDITIONS**

- Cancer
- Unexplained weight loss
- Fibromyalgia
- Depression
- Psychiatric disorder
- Other conditions \_\_\_\_\_

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It is my choice to receive massage therapy. I am aware of the benefits and risks of massage and give my consent for massage. I understand that there is no implied or stated guarantee of success of effectiveness of individual techniques or series of appointments. I acknowledge that massage therapy is not a substitute for medical care, medical examination or diagnosis. I have stated all medical conditions that I am aware of and will inform my practitioner of any changes in my health status.

I understand that my personal health information will be collected. I understand that all information that I provide will be kept confidential unless required by law. I understand and consent that my medical information may be shared by the various care providers involved in my care and treatment.

Treatments may be covered by extended health care plans. I understand that it is my responsibility to confirm the exact details of my coverage.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_