



Meditation Sisters

Meditation Class / Workshop Liability Waiver

I hereby agree to the following:

1. I am participating in class(es) or services during which I will receive information and instruction about meditation, mindfulness and self discovery. I recognize that I may also choose to do physical movement, such as sitting, standing, creative movement and walking meditations. I represent and warrant that I have no physical or mental condition that would prevent my safe participation in meditation/mindfulness classes/workshops.
2. In consideration of being permitted to participate in the classes/workshops, I agree to assume full responsibility for any risk, injuries or damages, known and unknown, which I might incur as a result of participating in the program(s).
3. In further consideration of being permitted to participate in the classes/workshops, I knowingly, voluntarily, and expressly waive any claim I may have against representative of Meditation Sisters LLC the class instructors, the owners, or the leaseholder of the building for injuries or damages that I may sustain as a result of participating in classes/workshops held by Meditation Sisters LLC.
4. I understand photographs may be taken during events by Meditation Sisters, LLC for the sole use of advertising.

I have read the above release and waiver of liability and fully understand it's contents. I voluntarily agree to the terms and conditions stated above.

Printed Name: _____

Signature: _____

Date: ___/___/___

Parent / Guardian Signature: _____

Date: ___/___/___